

ROUTES

A ROUTE FOR EVERY RIDER AND EVERY LEVEL

The 35

For our 35th Anniversary, we have introduced "The 35". If you have never ridden 35 miles in your life, this may be the perfect goal for you. Thirty-five miles through gentle farmland is a perfect way to lift your spirits and get your Sunday off to the perfect start.

Suggested starting time:
6:30 am - 10:30 am

The 50

So, you ride more than your friends. Your Facebook page features several pictures of your sweaty self, riding the bike trails and back roads of your community. You're up for a challenge, but you also have things to do. Try "The 50". It's the perfect "choice" for people who ride regularly and are looking to dip their toes into the century lifestyle.

Suggested starting time:
6:30 am - 10:30 am

The 70

Maybe time constraints don't allow you to prepare for a century. Maybe you like to work your way up to bigger challenges. Maybe you're European and you like more of a metric feel to your century rides, well this one is for you. It's "The 70". This is a real test of endurance for cyclists, definitely not just a ride. This distance takes training and commitment, but not as much as a century. Are you game?

Suggested starting time:
6:30 am - 9:30 am

The Century

Yes, the hun-doe, the badge of honor amongst people of your kind. It's a little bit country and a little bit rock and roll. Hills, sweat, a little pain and lots of good times, if you're doing the century, you're either an experienced cyclist or you've done a lot research and training. Either way, good luck and go for it!

Suggested starting times:
6:30 am - 8:00 am

The 124

You've done a Century, why stop at now.

Show off.

Suggested starting times:

6:30 am - 8:00 am

Start/Finish Location

COAL CITY HIGH SCHOOL
655 West Division Street
Coal City, Illinois

Less than 60 miles from downtown Chicago!

Map and Route

details, please visit:

psychoscentury.com



35TH ANNIVERSARY BIKE PSYCHOS CENTURY RIDE

2018 SUNDAY AUGUST 19

COAL CITY, ILLINOIS

FOR FURTHER DETAILS, PLEASE VISIT
PSYCHOSCENTURY.COM

Design work, courtesy of
BICYCLE PAPER DESIGNS
CUSTOM INVITATIONS & PRINTING SERVICE

The Old Willow
8895 Archer Avenue • Suite 15
Willow Springs, IL 60480
(708) 473-4482



INTRODUCTION

The Bike Psychos Century is a majestic journey through the fertile fields and back roads of America's heartland, punctuated by the dramatic descents and challenging climbs of the Illinois River Valley. Whether you're looking for a pleasant stroll through the farmlands of Illinois or a challenging ride up a valley road, the Bike Psychos Century has something for you.

SUPPORT

No matter the route you choose or the pace you ride, our SAG patrols will be there to lend a helping hand. All routes are marked for your convenience and our famous SAG stations will be available for support and nourishment along the way. Our stations include water, energy drinks, sandwiches, fruit and more. They are a great place to take a break and regroup during your journey. And all of this and more is included with your paid registration.

PRE-REGISTRATION NOW OPEN

\$35 FOR ADULTS

(Includes Commemorative T-Shirt)
Free t-shirts are only guaranteed if registered on or before June 30th

July 1st - August 12th

\$35
(Does not include T-Shirt)

Day of registration

\$40
Groups of 10 or more
\$30

Deadlines apply for T-Shirts. Mail In Only, contact us at info@psychoscentury.com for details.

Children ages 5-12

\$20
Children under 5 are FREE with a paid adult registration. T-Shirts will be available for purchase on day of ride

- DAY OF -

Check-in and registration open from 6:30 AM - 10:30 AM

ALL RIDERS MUST BE IN BY 4:30 PM

Showers available till 4:30 pm - Bring your own towels!
SAG patrol and stations will no longer be available after this time.

SUGGESTED STARTING TIMES:

6:30 am - 8:00 am for 100 / 124 miles
6:30 am - 9:30 am for 70 miles
6:30 am - 10:30 am for 35 / 50 miles

REMEMBER!

Wear a helmet, No headphones, Ride safely
Observe all traffic control signs and signals
(THESE ARE NOT CLOSED ROADS)

**FOR ONLINE REGISTRATION & FURTHER DETAILS, VISIT:
PSYCHOSCENENTURY.COM**

REGISTRATION FORM

BIKE PSYCHOS CENTURY - AUGUST 19, 2018 LIABILITY WAIVER & ENTRY FORM - PLEASE READ & SIGN BEFORE REGISTERING
In agreeing to this waiver for myself, or as parent or legal guardian for the entrant named below, I hereby release from responsibility and hold harmless from any claim, forseen or unforeseen by me or my family estate, heirs or assigns, the Bike Psychos Inc. (Bike Psychos), and its agents, employees, officers, volunteers, other participants, any sponsors, advertisers and owners or lessors of the premises on which the Bike Psychos Century takes place from any and all claims, damages, demands, injuries and losses whatsoever, arising from my transportation to, participation in and/or presence at the Bike Psychos Century, and do so entirely of my own initiative. I understand that riding a bicycle on a public street or road can be a risky and dangerous activity and may result in serious bodily injury, including permanent disability, paralysis and death (collectively, "risks"). I fully accept and assume all such risks and all responsibility for all costs, damages and losses I incur as result of my participation in the Bike Psychos Century. I agree to obey all traffic laws and operate my bicycle in a safe manner. I certify that I have read this waiver, fully understand its terms, understand that I have given up substantial rights by agreeing to it and have agreed to it freely of my own free will and accord. If the entrant is a minor, I, the minor's parent or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified to participate in the Bike Psychos Century. I also authorize emergency medical treatment if I or the minor(s) named below is/are injured.

YOUR COOPERATION IS IMPORTANT - WE MUST ALL DO OUR PART TO "SHARE THE ROAD."
 I AGREE TO RIDE SAFELY, FOLLOW THE RULES OF THE ROAD & PRACTICE GOOD PUBLIC RELATIONS.

PRINT NAME(S) (First, Last)	Age	Route*	Release Signature (Parent MUST SIGN for MINOR)
Main Contact			
*Ride 35, 50, 70, 100 or 124 (approx) miles. Route information is only for statistical and planning purposes.			
MAILING ADDRESS			
Street			
City			
Phone ()			
Email			
EMERGENCY CONTACT	Name	Phone ()	
() Check here if you want membership information sent to you.			
FEES (AGES 13+)			
PRE-REGISTRATION	Adult Before 07.01.18	\$35 FREE SHIRT	
	07.01 - 08.12.18	\$35 NO SHIRT	
	After 08.12.18	\$40	
FEES (AGES 12 & UNDER)	Children 5-12	\$20	
	Children 5 & UNDER	FREE	
T-SHIRTS: Choose your size. Riders who register prior to 07.01.2018			
	S	M	L
	XL	XXL	
TOTAL AMOUNT			

PLEASE MAIL FORM AND CHECK PAYABLE TO:

Bike Psychos Century
PO Box 652
Oak Lawn, IL 60454

PRE-REGISTRATION MUST BE RECEIVED BY AUGUST 12TH